



Health Screening Packages  
*exclusive to*  
Nanjing International School  
2015

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Dear Teachers,

As part of the partnership between Nanjing International School and One World Cover, we are happy to announce that One World Cover has negotiated comprehensive Health Screening packages customised for yourselves and your dependents within the RMB 3,000 Wellness Benefit of your Ping An Health medical insurance.

Both these two clinics - Raffles Medical and DeltaWest Clinic are based in Shanghai and are conveniently located near the Hongqiao Railway Station. The clinics are of Western international standards with foreign doctors. Enclosed is a comparison of the health screening items offered by both facilities. You will find in the comparison a breakdown of the checks offered at each facility as well as facility information and contacts.

In lieu of this cooperation, Raffles Medical will also be giving RMB 200 as transport reimbursement per person upon proof of receipt.

For any questions, please contact One World Cover at [help@oneworldcover.com](mailto:help@oneworldcover.com)

Thank you.

Best Regards,

Your valued insurance broker  
One World Cover

## Health Screening Packages Table of Comparison



		Raffles Medical	DeltaWest
General Condition	Height, Weight, BMI, Blood pressure, Vital signs, Vision, Waist, Hip circumference	✓	✓
Health History + Immunization Review		✓	✓
Dental		✓	✓
General Physical Examination	ENT, Chest, Abdominal, Neurological	✓	✓
Gynecological Examination	General checkup + Cervical Pap Smear (TCT)	✓	✓
Cardiology	ECG	✓	✓
X-ray	Chest	✓	✓
	Cervical Spine	✓	-
Colour Doppler Ultrasound	Abdomen (Liver, Spleen, Pancreas, Gallbladder, Kidneys)	✓	✓
	Thyroid Gland	✓	-
	Bilateral Carotid Artery	✓	-
	Breast	✓	✓
	Uterus, Ovary & Fallopian tubes	✓	✓
	Prostate	✓	✓
Blood Glucose	Glucose	✓	✓
	HBA1C	✓	✓
Blood Lipid	CHO, TG, HDL, LDL, Total CHO/HDL	✓	✓
Cardiac Muscle Enzymes	LDH: Lactate Dehydrogenase	✓	-
	CK: Creatine Kinase	✓	-
	CK-MB: Creatine Kinase MB	✓	-
Electrolytes	Sodium, Potassium, Chloride, Carbon Dioxide	✓	-
Lungs Function	Peak expiratory flow rate (PEFR)	✓	-
Liver Function	1. AST	✓	✓
	2. ALT	✓	✓
	3. ALP	✓	✓
	4. GGT	✓	✓
	5. Total Protein (TP)	✓	✓
	6. Albumin (ALB)	✓	✓
	7. Globulin (GLO)	✓	✓
	8. Albumin/Globulin ratio (A/G)	✓	✓
	9. Total Bilirubin (TBIL)	✓	✓
	10. Direct Bilirubin (DBIL)	✓	✓
	11. Indirect Bilirubin (IBIL)	✓	✓
	12. Total Bile Acids (TBA)	✓	-
Hematology	Complete blood work	✓	✓
Kidney Function	Blood Urea Nitrogen, Creatinine	✓	✓
Uric Acid		✓	✓
Thyroid Function Screening	TSH	✓	-
Hepatitis B	HBsAg, HBsAb, HBeAg, HBeAb, HBcAb	✓	-
Multi-Tumour Marker Protein Chip Test	CA 125 (Test for ovarian cancer)	✓	✓
	CA 15-3 (Test for breast cancer)	✓	✓
	CA 19-9 (Test for pancreatic & biliary tract cancers)	✓	✓
	CA242: Test for pancreatic cancer	✓	✓
	NSE (Test for lung cancer)	✓	✓
	PSA (Test for prostate cancer)	✓	✓
	CEA (Test for colorectal cancer)	✓	-
	Ferritin (Measure iron levels)	✓	-
	AFP (Test for cancers of liver, ovaries & testes)	✓	-
	Beta-HCG (Test for choriocarcinoma & testicular cancer)	✓	-
Urine Analysis	Specific gravity	✓	✓
Stool Analysis	Appearance	✓	✓
	Fecal Occult Blood	✓	✓
Price (Rmb)		3000	3000

	Raffles Medical	DeltaWest
Website	<a href="http://www.rafflesmedicalgroup.com/shanghai/shanghai-medical-centres/overview.aspx">http://www.rafflesmedicalgroup.com/shanghai/shanghai-medical-centres/overview.aspx</a>	<a href="http://www.deltahealth.com.cn/wp-content/uploads/2012/09/sdc-map.pdf">http://www.deltahealth.com.cn/wp-content/uploads/2012/09/sdc-map.pdf</a>
Telephone	(86) 21 6197 2311	(86) 21 2213 9777
Opening Hours	Mon-Sat: 8.30am-6pm, Closed Sundays	Mon-Fri: 9am-9pm, Sat-Sun: 9am-6pm
Address	1801 Hongmei Road, 2/F Innov Tower, Caohejin Hi-Tech Park	2558 West Yan'an Road, 5/F Building B
Map/Taxi Card	<a href="http://www.rafflesmedicalgroup.com/imgCont/2790/shanghai-taxi-card-web.pdf">http://www.rafflesmedicalgroup.com/imgCont/2790/shanghai-taxi-card-web.pdf</a>	<a href="http://www.deltahealth.com.cn/wp-content/uploads/2012/09/sdc-map.pdf">http://www.deltahealth.com.cn/wp-content/uploads/2012/09/sdc-map.pdf</a>
Distance/Time from Hongqiao Train Station	11.5 km (25 mins)	10.5 km (30 mins)
Approximate Taxi Fare (RMB)	37	33
Extra Features	*Raffles to reimburse RMB200 for transportation upon proof of transport receipt	N/A
Medical Report Review	F2F/Phone consult	F2F/Phone consult
Language Support	English, Mandarin, German, French	English, Mandarin, Malay, German, French, Dutch

DISCLAIMER: Note this is a summary of the benefits and you should refer to the full policy for coverage, terms and conditions.

E&OE: We make every effort to make sure that the information in this document is accurate and up to date. We will promptly correct any errors brought to our attention. If you find an error please contact us.

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Raffles Medical Shanghai sincerely provides the Physical Health Screening for the  
 Staff of Nanjing International School  
 (Ping An Insurance policy holders & dependents).

## Item List

	Female	Male
<b>Physical Measurement</b>		
Blood Pressure, Pulse Rate	✓	✓
Height	✓	✓
Weight	✓	✓
Body mass index (BMI)	✓	✓
Hip & Waist Circumference	✓	✓
Visual Acuity & Color vision	✓	✓
<b>Health History</b>		
Social / Lifestyle history	✓	✓
Drug Allergy history / Other Allergy	✓	✓
Current Medical history	✓	✓
Family history	✓	✓
Childbearing history	✓	--
<b>General Physical Examination</b>		
General Appearance, Tenderness		
Abdomen: Liver, Spleen, Kidneys, Sensation, Motor Power	✓	✓
Neurological System: Coordination, Gait, Reflexes		
Joints: Upper / Lower Limbs, Spine, Ear	✓	✓
Ear, Nose & Throat: Ear, Nose, Teeth, Tongue, Pharynx	✓	✓
Neck: General, Thyroid	✓	✓
Skin / Integumentary System: Rashes, Nails, Scars, Pallor	✓	✓
General: Jaundice, Oedema	✓	✓
Dental: Peridental, Operative, Orthodontics, Others	✓	✓
<b>Cardiology</b>		
ECG	✓	✓

## Item List

	Female	Male
<b>X-Ray:</b>		
Chest X-Ray	✓	✓
Cervical Spine X-Ray	✓	✓
<b>Lung Function:</b>		
PEFR	✓	✓
<b>Ultrasound:</b>		
Abdomen (Gallbladder, Kidney, Liver, Pancreas, Spleen)	✓	✓
Bilateral Carotid Artery	✓	✓
Mammary Glands	✓	--
Prostate	--	✓
Thyroid Gland	✓	✓
Uterus, Ovary & Fallopian tubes	✓	--
<b>Laboratory Test:</b>		
<u>Blood Glucose:</u> Glucose, HbA1C	✓	✓
<u>Blood Lipids:</u> CHO, TG, HDL, LDL, Total CHO / HDL ratio	✓	✓
<u>Cardiac Muscle Enzymes:</u> LDH, CK, CK-MB	✓	✓
<u>Electrolytes:</u> Na, K, Cl, CO2	✓	✓
<u>Liver Function:</u> ALT, AST, ALP, GGT, TP, ALB, GLO, A/G, TBIL, DBIL, IBIL, TBA	✓	✓
<u>Haematology:</u> CBC, WBC, RBC, Hb, Hc, MCV, MCH, MCHC, RDW, Platelet Count, MPV, PCT, PDW	✓	✓
<u>Kidney Function:</u> BUN - Blood Urea Nitrogen CRE - Creatinine	✓	✓
<u>Hepatitis B:</u> HBsAg, HBsAb, HBeAg, HBeAb, HBcAb	✓	✓
<u>Thyroid Function Screening:</u> TSH	✓	✓

Urine Analysis:

Appearance, PH, Leukocyte, Nitrite, Protein, Glucose,  
 Ketones, Urobilinogen, Bilirubin, Red blood cells

Stool Analysis: Appearance, Occult blood ✓ ✓

Multi-Tumor Marker Protein Chip Test:

CA 125 (Test for ovarian cancer)	✓	-
CA 15-3 (Test for breast cancer)	✓	-
CA 19-9 (Test for pancreatic & biliary tract cancers)	✓	✓
CA 242 (Test for pancreatic cancer)	✓	✓
NSE (Test for lung cancer)	✓	✓
PSA (Test for prostate cancer)	-	✓
CEA (Test for colorectal cancer)	✓	✓
Ferritin (Measure iron levels)	✓	✓
AFP (Test for cancers of liver, ovaries & testes)	✓	✓
Beta-HCG (Test for choriocarcinoma & testicular cancer)	✓	✓

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**Gynecological Examination:**

General Check-up:

Cervix, Fallopian tubes, Lip of pudendum, Ovary, Uterus, Vagina, Vulva	✓	--
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<b>Dental Examination</b>	✓	✓
<b>Medical review</b>	✓	✓

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<b>Total Price</b>	<b>6500rmb</b>	<b>6300rmb</b>
<b>Promotion Price</b>	<b>3000rmb</b>	<b>3000rmb</b>

A **200rmb** transport reimbursement will be given per client.



### Instructions

1. This package is provided only for PingAn insurance holders & their dependents.
2. Please make an appointment 2 working days in advance.
3. The medical report will be submitted in 10 working days.
4. Preparations for health screening:
  - Please fast for 8 hours prior to the health screening. Sips of water is allowed.
  - Please inform the doctor if you are feeling unwell for the day.
  - Please avoid undertaking the health screening during the menstruation period (Women).
  - Pregnant woman should inform the medical doctor prior to the health screening process.
  - Please bring along the medical insurance card and a photograph identification card.

### Raffles Medical Shanghai Clinic Contact Details

<b>Medical Center Hotline</b>	+86 61972300 / 2311
<b>Address</b>	Level 2, 1801 Hongmei Road Innov Tower, Capitaland building Xuhui District, Shanghai
<b>Email</b>	<a href="mailto:enquiries_shanghai@rafflesmedical.com">enquiries_shanghai@rafflesmedical.com</a>

# 上海德西门诊部 健康筛查套餐

## Shanghai DeltaWest Clinic Health Screening Package



### A1 Basic Disease Screening Package 基础健康筛查套餐

类别	内容	Provider	A1
家庭医生咨询 GP Consultation	详细病史及全面健康检查 - 生命体征/常规检查/体重指数 OP visit, new pt	Family Doctor	X
血常规 Complete Blood Count	血常规 CBC	SDC Lab	X
肝功能 Lung Function Exam	1. 血清丙氨酸氨基转移酶(ALT)	Lab	X
	2. 血清天门氨酸氨基转移酶(AST)		X
	3. r-谷氨酰转肽酶(r-GT)		X
	4. 碱性磷酸酶(ALK-P)		X
	5. 总胆红素(T-BILI)		X
	6. 直接胆红素(D-BILI)		X
	7. 间接胆红素(I-BILI)		X
	8. 总蛋白(TP)		X
	9. 白蛋白(ALB)		X
	10. 球蛋白(GLOB)		X
	11. 白蛋白/球蛋白比率(A/G ratio)		X
大小便常规 Urine Analysis & Stool test	尿常规 Urinalysis		X
	隐血试验 Occult Blood		X
血脂 Lipid Panel	总胆固醇 (T-CHOL)		X
	甘油三脂 (TG)		X
	高密度脂蛋白胆固醇HDL		X
	低密度脂蛋白胆固醇LDL		X
	CHOL/HDL-C比值		X
肾功能 Renal Function Test	1. 尿酸 (UA)		X
	2. 尿素氮 (BUN)		X
	3. 肌酐 (CREA)		X
血糖检查 Blood Glucose	空腹血糖 (GLU)		X
	糖化血红蛋白 (HbA1C)		X
心电图 ECG	心电图 Electrocardiogram	Image	X
X光 X-ray	胸腔 X-Ray of Chest		X
B超 Ultrasound	全腹 Abdominal		X
口腔医生咨询 Dental Consultation		Dentist	X

### B5 Male Tumor Screening Package 男性肿瘤筛查套餐

类别	内容	Provider	B5
肿瘤筛查 Tumor Marker Check	TPSA总前列腺特异性抗原	Lab	X
	FP5A游离前列腺特异性抗原		X
	CA19-9糖类抗原19-9	Lab	X
	TSGF特异性生长因子		X
	CA24-2糖类抗原24-2		X
	CYFRA21-1细胞角蛋白19片段		X
	CA50糖类抗原50		X
	NSE神经元特异性烯醇化酶		X
	SCC鳞状细胞癌相关抗原		X
B超 Ultrasound	U/S ProstateB超前列腺	Image	X
A1+B5		Official Price	Lowest Price

Written report	结果和报告	X	X
Package price	套餐价格	¥4,134	¥3,000

\*套餐中未执行项目不可退款。  
\*上海德西门诊部拥有最终解释权。

# 上海德西门诊部 健康筛查套餐

## Shanghai DeltaWest Clinic Health Screening

### A1 Basic Disease Screening Package 基础健康筛查套餐



类别	内容	Provider	A1
家庭医生咨询 GP Consultation	详细病史及全面健康检查 - 生命体征/常规检查/体重指数 OP visit, new pt	Family Doctor	X
血常规 Complete Blood Count	血常规 CBC	SDC Lab	X
肝功能 Lung Function Exam	1. 血清丙氨酸氨基转移酶(ALT)	Lab	X
	2. 血清天门氨酸氨基转移酶(AST)		X
	3. r-谷氨酰转肽酶(r-GT)		X
	4. 碱性磷酸酶(ALK-P)		X
	5. 总胆红素(T-BILI)		X
	6. 直接胆红素(D-BILI)		X
	7. 间接胆红素(I-BILI)		X
	8. 总蛋白(TP)		X
	9. 白蛋白(ALB)		X
	10. 球蛋白(GLOB)		X
	11. 白蛋白/球蛋白比率(A/G ratio)		X
大小便常规 Urine Analysis & Stool test	尿常规 Urinalysis	Lab	X
	隐血试验 Occult Blood		X
血脂 Lipid Panel	总胆固醇 (T-CHOL)		X
	甘油三脂 (TG)		X
	高密度脂蛋白胆固醇HDL		X
	低密度脂蛋白胆固醇LDL		X
	CHOL/HDL-C比值		X
肾功能 Renal Function Test	1. 尿酸 (UA)		X
	2. 血尿素氮 (BUN)		X
	3. 血肌酐 (CREA)		X
血糖检查 Blood Glucose	空腹血糖 (GLU)		X
	糖化血红蛋白 (HbA1C)		X
心电图 ECG	心电图 Electrocardiogram	Image	X
X光 X-ray	胸腔 X-Ray of Chest		X
超声 Ultrasound	全腹 Abdominal		X
口腔医生咨询 Dental Consultation		Dentist	X

### B4 Female Tumor Screening Package 女性肿瘤筛查套餐

类别	内容	Provider	B4
肿瘤筛查 Tumor Marker Check	CA72-4糖类抗原72-4	Lab	X
	CA15-3糖类抗原CA15-3		X
	CA12-5糖类抗原125		X
	CA19-9糖类抗原19-9		X
	CA24-2糖类抗原24-2		X
	CYFRA21-1细胞角蛋白19片段		X
	CA50糖类抗原50		X
	NSE神经元特异性烯醇化酶		X
	SCC鳞状细胞癌相关抗原		X
妇科检查 Gynaecology	宫颈脱落细胞涂片 Pap Smear	Image	X
	湿涂片 Wet mount		X
B超 Ultrasound	B超经阴道 U/S Transvagina	Image	X
	R超乳房 I I/S Breast(s)		X

A1+B4		Official Price	Lowest Price
Follow-up	报告追踪	X	X
Written report	结果和报告	X	X
Package price	套餐价格	¥5,158	¥3,000

\*套餐中未执行项目不可退款。

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