**Announcement**

International SOS clinic Nanjing is pleased to announce a new special service

**Annual Health Checks for Nanjing International School Staff**

From 1 October 2015

Nanjing International SOS clinic provides, in agreement with PingAn insurance, a fully covered yearly Health Check as special service for NIS teachers and staff, including one dental check and one follow-up visit to discuss the results.

Please find the list of comprehensive health check as appendix

Health Check appointments provided **Monday – Friday at 9:00am**

Please make the appointment for an **annual health check** via our reception with Dr. Juergen or Dr. Tanja at least 7 days in advance.

It is important to be fastened before the health check, i.e. no food 12 hours prior to blood testing, water, tea and coffee are allowed but without milk or sugar.

Results are available for discussion within 10 working days. For this a follow-up appointment (covered under the health check fee) is required.

Please make your Health Check appointment

**Nanjing International SOS Clinic**

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Appendix

Comprehensive list of Annual Health Check for NIS (Value RMB 3,000)

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| **Item** |
| Hx, P/E, Vital signs, CX-Ray, ECG, PEFR |
| PAP smear |
| Abdomen (Gallbladder, Kidney, Liver, Pancreas, Spleen) |
| Bilateral Carotid Artery Ultrasound |
| Mammary Glands Ultrasound |
| Prostate Ultrasound |
| Thyroid Gland Ultrasound  Uterus, Ovary & Fallopian tubes Ultrasound |

**Laboratory Test:**

Blood Glucose: Glucose, HbA1C

Blood Lipids: CHO, TG, HDL, LDL, Total CHO / HDL ratio

Cardiac Muscle Enzymes: LDH, CK,

Electrolytes: Na, K, Cl, CO2

Liver Function: ALT, AST, ALP, GGT, TP, ALB, GLO, A/G, TBIL, DBIL, IBIL,

Hematology: CBC, WBC, RBC, Hb, Hc, MCV, MCH, MCHC, RDW, Platelet Count, MPV, PCT, PDW

Kidney Function: BUN - Blood Urea Nitrogen, Creatinine, Uric Acid, Ferritin

Hepatitis A IgG AB, Hepatitis B: HBsAg, HBsAb,

Thyroid Function Screening: TSH, free T3, free T4

Vitamin D Serum Level

Urine Analysis:

Stool Analysis: COP, Occult blood

**Dental Check**

**Follow up consultation to review Health Check results**

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