



After School Activities Catalog

Cooking

Baking club for boys

Free

Mar 28 - Jun 10

Grade 3 - Grade 5

8 seats available

Thursday

3:15 pm - 4:15 pm

Instructor: Ms. Cassie Smith, Venue: PYP LGR

Music(MYP)

Advanced Orchestra

Free

Mar 28 - Jun 10

Grade 5 - Grade 10

25 seats available

Wednesday

3:15 pm - 4:15 pm

Instructor: Ms Amy Keus, Venue: Music Room

Intermediate Orchestra

Free

Mar 28 - Jun 10

Grade 5 - Grade 10

25 seats available

Monday

3:15 pm - 4:15 pm

Instructor: Ms Amy Keus, Venue: Music Room

MYP/DP Choir

Free

Mar 28 - Jun 10

Grade 6 - Grade 12

25 seats available

Thursday

3:15 pm - 4:15 pm

Instructor: Ms Amy Keus, Venue: Music Room

Sport(MYP/DP)

Basketball Shooting for Boys

Free

Mar 28 - Jun 10

Grade 9 - Grade 12

15 seats available

Friday

3:15 pm - 4:15 pm

Instructor: Mrs. Johnson-Welling, Venue: Gym

This ASA is open to all Grade 9-12 boy basketball enthusiasts who want to improve their shooting skills through drills and peer shot analysis/feedback.

Due to the flexible schedule, if you have interest, please sign up and attend the sessions that work for you!

Juggling Club

Free

Mar 28 - Jun 10

Grade 6 - Grade 12

15 seats available

Wednesday

3:15 pm - 4:15 pm

Instructor: Mr. Martyn Newman, Venue: Gym/Outside

Learn to juggle, or improve your proficiency. Other circus skills welcome.

Other Skills may include, but not limit to: Diabolo, Poi, Plate Spinning,. All ability levels welcome.

Sports, Sports, Sports

Free

Mar 28 - Jun 10

Grade 6 - Grade 12

30 seats available

Thursday

3:15 pm - 4:15 pm

Instructors: Mr. Rick Fischl and Mr Bob Buhler

Venue: Field

A wide range of sports including ultimate frisbee, softball, wiffle ball, kickball, SPUD, dodgeball, and others. If you can dodge a wrench you can dodge a ball.

Games and Puzzles(MYP/DP)

Board and Card Games

Free

Mar 28 - Jun 10

Grade 6 - Grade 12

12 seats available

Thursday

3:15 pm - 4:15 pm

Instructor: Mr Russel Fleming

Venue: D206

Health and Fitness(MYP/DP)

Cross Fit (MYP/DP)

Free

Mar 28 - Jun 10

Grade 6 - Grade 12

20 seats available

Monday

3:15 pm - 4:15 pm

Thursday

3:15 pm - 4:15 pm

Instructor: Mr Andrei Tyoschin, Venue: Gym

Mindfulness & Yoga

Free

Mar 28 - Jun 10

Grade 9 - Grade 12

15 seats available

Monday

3:15 pm - 4:15 pm

Instructor: Ms. Neila Steele, Venue: Dance Studio-H301 in Centre

Time to slow down with mindfulness and move and twist your body with Yoga.

Sport(PYP)

Danish Rounders

Free

Mar 28 - Jun 10

Grade 3 - Grade 5

30 seats available

Wednesday

3:15 pm - 4:15 pm

Instructors: Mr. Jamie Watson and Ms. Jacqui Patrick , Venue: Field

Danish Rounders is a bit like baseball-but played with a tennis racket instead of a bat. It is a great chance to improve your hitting, catching and throwing skills too!

Roller Blading

Free

Mar 28 - Jun 10

Grade 1 - Grade 5

20 seats available

Thursday

3:15 pm - 4:15 pm

Instructors: Ms. Cheryl Moen and Mr. Jaeyong Hwangbo

Venue: Track

Learn to roller blade or improve your skills.

You need to have your own roller blades. Protective gear is mandatory: bike helmet, knee pads,elbow pads and wrist guards.

Art and Craft

Dough and Puzzles

Free

Mar 28 - Jun 10

Grade 2 - Grade 4

10 seats available

Thursday

3:15 pm - 4:15 pm

Ms. Olivia C127

Dough Sculptures

Free

Mar 28 - Jun 10

Kindergarten - 2 - Grade 1

12 seats available

Thursday

3:15 pm - 4:15 pm

Instructor: Master Shi, Venue: C133

We will make cartoon characters out of play dough. A chance for kids to use their creativity and also create with some well known Chinese characters. This activity is taken by a Chinese instructor so the kids have the opportunity to hear and speak more Chinese.

Games, Games, Games!

Free

Mar 28 - Jun 10

Grade 1 - Grade 2

12 seats available

Monday

3:15 pm - 4:15 pm

Instructors: Ms. Susan Brown and Ms Tina Lai, Venue: C114

Relax and play fun games! connect 4, Jenga, Cards, and Scrabble are just a few of the games you can play at Games!

Handy Craft

Free

Mar 28 - Jun 10

Grade 5 - Grade 9

10 seats available

Thursday

3:15 pm - 4:15 pm

Instructor: Ms Sunny Wang

Venue: D228

Knitting and Wire Art work Club

Free

Mar 28 - Jun 10

Grade 1 - Grade 3

12 seats available

Tuesday

2:45 pm - 3:45 pm

Instructor:

Venue:

Mask and Fan Painting

Free

Mar 28 - Jun 10

Kindergarten - 2 - Grade 1

12 seats available

Tuesday

2:45 pm - 3:45 pm

Instructor:

Venue:

Number Coloring and Connecting

Free

Mar 28 - Jun 10

Kindergarten - 2 - Grade 1

10 seats available

Wednesday

3:15 pm - 4:15 pm

Instrutor: Ms. Jo Qiao, Venue: C109

Come and join us with number coloring and number connecting. You will have fun with numbers.

Sand Painting

Free

Mar 28 - Jun 10

Grade 1 - Grade 2

10 seats available

Thursday

3:15 pm - 4:15 pm

Instructors: Ms. Lisa Wang and Ms Jean Yang, Venue: D225

If you like coloring and play sands, come joining us!

Science, Technology and Environment(PYP)

Fun with Science

Free

Mar 28 - Jun 10

Grade 4 - Grade 5

10 seats available

Instructor: Mr Hutchison
Venue: D210 (Science)

Environmental Activities

Gardening: Green Team

Free

Mar 28 - Jun 10 Grade 6 - Grade 12 10 seats available

Wednesday 3:15 pm - 4:15 pm

Instructors: Mr. Dan Mazz and Mr Danny Green, Venue: School Garden

Students will learn about organic gardening and will grow organic food to sell to the NIS community. You will practice various gardening methods and be able to grow, pack and sell your own food.

Trashbusters

Free

Mar 28 - Jun 10 Grade 8 - Grade 10 9 seats available

Thursday 3:15 pm - 4:15 pm

Instructor: Mr. Robin Hutchison

Venue: Activities Office (D236)

Enjoy some exercise on the local streets while doing some trashbusting.

Academic (MYP/DP)

Home Work Club(MYP)

Free

Mar 28 - Jun 10 Grade 6 - Grade 9 10 seats available

Wednesday 3:15 pm - 4:15 pm

Instructor: Ms. Laura Hernandez, Venue: D217

Some time for students to catch up with homework and pending assignments. Although it might be suggested and recommended, this club is not exclusively for learning support students but for anyone who is interested.

Publications(MYP/DP)

NIS Yearbook

Free

Mar 28 - Jun 10 Grade 9 - Grade 12 **Full**

Instructor: Ms Karen Orteza

Venue:

Poet Laureates of NIS

Free

Mar 28 - Jun 10 Grade 8 - Grade 12 15 seats available

Thursday 3:15 pm - 4:15 pm

Instructor: Ms Katie Ham

Venue: D341

Purple Duck

Free

Mar 28 - Jun 10

Grade 8 - Grade 12

10 seats available

Wednesday

3:15 pm - 4:15 pm

Instructor: Ms Rebecca Creme

Venue: D346

Video Review

Free

Mar 28 - Jun 10

Grade 6 - Grade 12

Full

Thursday

3:10 pm - 4:10 pm

Instructor: Mr. Nikolai Joyce

Venue: Upstairs of Design Centre

Music(PYP)

PYP Choir

Free

Mar 28 - Jun 10

Grade 2 - Grade 5

40 seats available

Monday

3:15 pm - 4:15 pm

Instructor: Ms. Heidi Dean, Venue: M250 (Music Room)

This is an opportunity to sing your hearts out, have fun and perform.

Dance

Student Led: Hip Hop and Jazz

Free

Mar 28 - Jun 10

Grade 3 - Grade 5

10 seats available

Wednesday

3:15 pm - 4:15 pm

Instructor: Ms Lucy Mckenzie

Student Led Hip Hop and Jazz Dance

Venue: Dance Studio H301