



NANJING
INTERNATIONAL
SCHOOL

**WEDNESDAY
APRIL 28TH**

ATHLETICS DAY



Bring healthy snacks to share!



house points awarded
for healthy snacks shared

No nuts allowed

Some examples for snacks

- Oat cookies
- Banana, apples
- Banana bread

Share with your house team

healthier the better

Label the containers with name and class.

.Bring the food to the blue gym on
Wednesday morning.